A. WELCOME, INTRODUCTIONS, OVERVIEW
Congratulations to you and your team for being a part of one of the best Intramural Programs in the nation. We are very proud to offer Intramural Programs of both size and quality. Good luck to you and we hope you have a fun and exciting season!

Any person who has purchased either the Full Intramural Membership or the Individual/Dual Membership is eligible to participate in Fantasy Football. The following persons are eligible to purchase memberships:
   a. Student or employees; individuals associated with Campus Ministry, VCOM, Vet Med; Visiting Scholars; CRC Employees, and Long Term Guests (except Dependents). Such persons are eligible until they withdraw from the University or fail to comply with eligibility guidelines.
   b. Alumni are not eligible to purchase the Intramural Membership unless they fall into one of the previous categories mentioned.

**All memberships may be purchased online. To complete your purchase of an intramural membership, you will be required to watch an online video presentation covering the basic policies of the program.**

B. KEY DATES
1. The captains meeting/draft will be held online on Wednesday, September 6th @ 5pm.
2. The first week of regular season play will start Thursday, September 7th.
3. The last week of regular season league play ends Monday, November 13th.
4. Playoff brackets will be posted by 1:00 PM Tuesday, November 14th at http://www.recsports.vt.edu/intramurals.
5. Playoffs will begin Thursday, November 16th.

C. RULES OF THE GAME
1. Schedule
   a. The regular season will consist of 10 games.
   b. Each team will play all other teams in the league except 1 (random by Yahoo).
   c. Play will start with NFL Week 1 and run through NFL Week 10.
   d. A four-week playoff will be held during NFL Weeks 11-14.
2. Playoffs
   a. All 10 teams advance to the playoffs.
   b. Rankings for the playoffs will be based on win-loss records.
   c. Tiebreaker for playoff ranking will be head to head competition. The next tiebreaker will be points scored minus points against for season.
   d. The non-winning teams from the semi-final match-ups will play in a 3rd place game.
   e. Playoff brackets will be posted separately from Yahoo on the Intramural Website.
3. The Draft
   a. Draft will be held Wednesday, Sept. 6th at 5:00pm online at Yahoo Fantasy Sports.
   b. Draft order will be decided by order of registration received/completed.
   c. Owners will have one minute to make their draft selections.
   d. Trading of draft picks will not be permitted.
   e. All teams will draft a 13-man roster.
4. Scoring
   a. The goal of your team is to score more points than your weekly opposition by having your starting line up perform better in their NFL games than your opponents. Partial points will be awarded.
      1. Offensive
         a. Passing Touchdowns: 4 Points
b. Rec/Rushing Touchdowns: 6 Points

c. Rushing Yards: 1 Point every 10 yards

d. Receiving Yards: 1 Point every 10 yards

e. Passing Yards: 1 Point every 25 yards

f. PAT: 1 Point

a. 2-pt. Conversion: 2 Points

h. Field Goals:
   i. 3 Points-39 yards or less
   j. 4 Points-40 yards to 49 yards
   l. 5 Points-50 yards or more

   i. Interceptions: -1 Points

   j. Fumbles Lost: -2 Points

2. Defensive/Special Teams

   a. Interceptions: 2 Points

   b. Sacks: 1 Point

   c. Touchdown: 6 Points

   d. Safety: 2 Points

   e. Fumbles Rec: 2 Points

   f. Blocked Kick/Punt: 2 Points

   g. Points Allowed:
      10 Points - Shutout
      7 Points- 1-6 Points
      4 Points- 7-13 Points
      1 Point – 14-20 Points
      0 Points – 21-34 Points
      -4 Points – 35+ Points

b. During Regular Season play, ties are final.

c. During playoffs any ties will be broken by order of player categories listed.

   1. Starting Quarterbacks

   2. Total Starting Running Backs

   3. Total Starting Wide Receivers

   4. Starting Tight Ends

   5. Starting Kickers

   6. Starting Coin Flip

5. Weekly Rosters

   a. All team rosters must be submitted online as restricted by Yahoo Fantasy Football

   b. Each Week Roster should consist of:

      1. 1 Quarterback

      2. 2 Running Backs

      3. 3 Wide Receivers

      4. 1 Tight End

      5. 1 Kicker

      6. 1 Defensive Team

6. BYE Weeks

   a. Throughout some weeks in the season each NFL Team will have designated BYE Weeks, these are published ahead of time. Please be aware when your team’s players have BYE weeks.

7. Transactions

   a. A team is limited to eight (8) waiver/free agent transactions during the regular season.

8. Trades

   a. The Intramural Sports Office will have ultimate say on the approval of trades throughout the season.

   b. All participating team captains will have 2 days to protest trade transactions online with Yahoo Fantasy Football Commissioner (Intramural Sports Office).

   c. All Trade transactions must be reported online with Yahoo Fantasy Football by Tuesdays at 5:00pm. Any trades posted after this deadline will not be approved for that weekends play.

   d. Trades do not need to be equal (ie: 2 players for 2 players) but all rosters must always remain at 13.

   e. There are no trading back players from team to team.
f. The trade deadline is Friday, October 27th at 5:00pm.

9. Waiver Wire
   a. When a player is dropped all waiver wire players are subject to Yahoo Fantasy Football rules and will remain on waivers for 2 days.

10. Changes to rules/policies can be made at the commissioner’s discretion based on situation and circumstances that are involving need for a change.

D. AWARDS
   1. The winner of the single elimination tournament will receive an Intramural Champions T-Shirt.

E. ADDITIONAL QUESTIONS
   1. Questions regarding Fantasy Football - call Billy Thomas, Clark Stridsberg, Jeff Feldhaus, or Jamie Nauman at 231-8297.